

## Skills

## OAA Progression Ladder

## Knowledge



Get Set 4 PE

<p><b>Problem solving:</b> pool ideas within a group, selecting and applying the best method to solve a problem.</p> <p><b>Navigation skills:</b> orientate a map efficiently to navigate around a course with multiple points.</p> <p><b>Communication:</b> inclusively communicate with others, share job roles and lead when necessary.</p>	<p><b>Year 6</b></p>	<p><b>Problem solving:</b> understand that being able to solve problems is an important life skill.</p> <p><b>Navigation skills:</b> understand why having good navigational skills are important.</p> <p><b>Communication:</b> know that good communication skills are key to solving problems and working effectively as a team.</p> <p><b>Reflection:</b> with increasing accuracy, reflect on when and how I am successful at solving challenges and alter my methods in order to improve.</p> <p><b>Rules:</b> understand the rules and think creatively to solve the challenge whilst abiding by the rules.</p>
<p><b>Problem solving:</b> explore tactical planning within a team to overcome increasingly challenging tasks.</p> <p><b>Navigation skills:</b> develop navigational skills and map reading in increasingly challenging tasks.</p> <p><b>Communication:</b> explore a variety of communication methods with increasing success.</p>	<p><b>Year 5</b></p>	<p><b>Problem solving:</b> recognise that there may be more than one way to solve a challenge and that trial and error may help to guide me to the best solution.</p> <p><b>Navigation skills:</b> use a key to identify objects and locations.</p> <p><b>Communication:</b> know to be descriptive but concise when giving instructions e.g. 'two steps to the left'.</p> <p><b>Reflection:</b> reflect on when I am successful at solving challenges and alter my methods in order to improve.</p> <p><b>Rules:</b> know that abiding by rules will enable my classmates to complete the course e.g. not moving controls.</p>
<p><b>Problem solving:</b> plan independently and in small groups, implementing a strategy with increased success.</p> <p><b>Navigation skills:</b> identify key symbols on a map and follow a route.</p> <p><b>Communication:</b> confidently communicate ideas and listen to others.</p>	<p><b>Year 4</b></p>	<p><b>Problem solving:</b> know that discussing the advantages and disadvantages of ideas will help to guide us to conclusion about which idea to use.</p> <p><b>Navigation skills:</b> understand how to use a key and use the cardinal points on a map to orientate it.</p> <p><b>Communication:</b> understand that there are different types of communication and that I can communicate without talking.</p> <p><b>Reflection:</b> with increased accuracy, critically reflect on when and why I am successful at solving challenge.</p> <p><b>Rules:</b> understand the importance of working with integrity.</p>
<p><b>Problem solving:</b> discuss how to follow trails and solve problems. Work with others to select appropriate equipment for the task.</p> <p><b>Navigation skills:</b> identify where I am on a simple map. Use and begin to create simple maps and diagrams and follow a trail.</p> <p><b>Communication:</b> follow and give instructions and accept other peoples' ideas.</p>	<p><b>Year 3</b></p>	<p><b>Problem solving:</b> know that trying ideas before deciding on a solution will help us to come up with the best idea.</p> <p><b>Navigation skills:</b> know to hold the map so that the items on the map match up to the items that have been placed out.</p> <p><b>Communication:</b> know to take turns when giving ideas and not to interrupt each other.</p> <p><b>Reflection:</b> reflect on when and why I am successful at solving challenges.</p> <p><b>Rules:</b> know that using the rules honestly will help to keep myself and others safe.</p>
<p><b>Problem solving:</b> begin to plan and apply strategies to overcome a challenge.</p> <p><b>Navigation skills:</b> follow and create a simple diagram/map.</p> <p><b>Communication:</b> work co-operatively with a partner and a small group.</p>	<p><b>Year 2</b></p>	<p><b>Problem solving:</b> know that listening to each other's ideas might give us an idea we hadn't thought of.</p> <p><b>Navigation skills:</b> understand that the map tells us what to do.</p> <p><b>Communication:</b> know to use encouraging words when speaking to a partner or group to help them to trust me.</p> <p><b>Reflection:</b> verbalise when I am successful and areas that I could improve.</p> <p><b>Rules:</b> know how to follow and apply simple rules.</p>
<p><b>Problem solving:</b> suggest ideas in response to a task.</p> <p><b>Navigation skills:</b> follow a path and lead others.</p> <p><b>Communication:</b> communicate simple instructions and listen to others.</p>	<p><b>Year 1</b></p>	<p><b>Problem solving:</b> know that working collaboratively with others will help to solve challenges.</p> <p><b>Navigation skills:</b> know that deciding which way to go before starting will help me.</p> <p><b>Communication:</b> know that using short instructions will help my partner e.g. start/stop.</p> <p><b>Reflection:</b> identify when I am successful and make basic observations about how to improve.</p> <p><b>Rules:</b> know that rules help us to play fairly.</p>
<p><b>Problem solving:</b> explore activities where I have to make my own decisions.</p> <p><b>Navigation skills:</b> explore moving in space and following a path.</p> <p><b>Communication:</b> develop confidence in expressing myself.</p>	<p><b>EYFS</b></p>	<p><b>Problem solving:</b> make simple decisions in response to a task.</p> <p><b>Navigation skills:</b> know that moving into space away from others will help me to stay safe.</p> <p><b>Communication:</b> know that talking with a partner will help me to solve challenges e.g. 'let's go to the green hoop next'.</p> <p><b>Reflection:</b> begin to identify when I am successful.</p>

